

# ALAT (GPT) FS\* (IFCC mod.)

with/without Pyridoxal-5-Phosphate FS (P-5-P)

#### Order Information

Cat. No. Kit size

1 2701 99 10 920 800 (4 x 200)

Pyridoxal-5-Phosphate FS

2 5010 99 10 030 6 x 3 mL

#### Intended Use

Diagnostic reagent for quantitative in vitro determination of ALAT (GPT) in human serum or heparin plasma on automated DiaSys respons®920.

#### Summary

Alanine Aminotransferase (ALAT/ALT), formerly called Glutamic Pyruvic Transaminase (GPT) and Aspartate Aminotransferase (ASAT/AST), formerly called Glutamic Oxalacetic Transaminase (GOT) are the most important representatives of a group of enzymes, the aminotransferases or transaminases, which catalyze the conversion of  $\alpha$ -keto acids into amino acids by transfer of amino groups. As a liver specific enzyme, ALAT is only significantly elevated in hepatobiliary diseases. Increased ASAT levels, however, can occur in connection with damages of heart or skeletal muscle as well as of liver parenchyma. Parallel measurement of ALAT and ASAT is, therefore, applied to distinguish liver from heart or skeletal muscle damages. The ASAT/ALAT ratio is used for differential diagnosis in liver diseases. While ratios < 1 indicate mild liver damage, ratios > 1 are associated with severe, often chronic liver diseases. [1,2]

#### Method

Optimized UV-test according to IFCC (International Federation of Clinical Chemistry and Laboratory Medicine) [modified]

L-Alanine + 2-Oxoglutarate ◀--▶ L-Glutamate + Pyruvate

Pyruvate + NADH + H<sup>+</sup> ◀----- D-Lactate + NAD<sup>+</sup>

Addition of pyridoxal-5-phosphate (P-5-P), recommended by IFCC, stabilizes the activity of transaminases and avoids falsely low values in samples containing insufficient endogenous P-5-P, e.g. from patients with myocardial infarction, liver disease and intensive care patients [1,3].

### Reagents

## **Components and Concentrations**

| R1:   | TRIS                        | pH 7.15 | 140 mmol/L |
|-------|-----------------------------|---------|------------|
|       | L-Alanine                   |         | 700 mmol/L |
|       | LDH (lactate dehydrogenase) |         | ≥ 2300 U/L |
| R2:   | 2-Oxoglutarate              |         | 85 mmol/L  |
|       | NADH                        |         | 1 mmol/L   |
| Pyrid | loxal-5-Phosphate FS        |         |            |
| -     | Cood's buffer               | ~LI O C | 100        |

Good's buffer

9.6 Hg 100 mmol/L Pyridoxal-5-phosphate 13 mmol/L

#### Storage and Stability

Reagents are stable up to the date of expiry indicated on the kit, if stored at 2 - 8°C and contamination is avoided. Do not freeze and protect from light.

## **Warnings and Precautions**

- The reagents contain sodium azide (0.95 g/L) as preservative. Do not swallow! Avoid contact with skin and mucous membranes.
- Reagent 1 contains animal and biological material. Handle the product as potentially infectious according to universal precautions and good clinical laboratory practice.
- Reagent 2 contains biological material. Handle the product as potentially infectious according to universal precautions and good clinical laboratory practice.
- To avoid carryover interference, please take care of efficient washing especially after use of interfering reagents. Please refer to the DiaSys respons®920 Carryover Pair Table. Carryover pairs and automated washing steps with the

- recommended cleaning solution can be specified in the system software. Please refer to the user manual.
- Sulfasalazine and sulfapyridine medication may cause false results in patient samples. Blood collection must be performed prior to drug administration.
- In very rare cases, samples of patients with gammopathy might give falsified results [4].
- Please refer to the safety data sheets and take the necessary precautions for the use of laboratory reagents. For diagnostic purposes, the results should always be assessed with the patient's medical history, clinical examinations and other findings.
- For professional use only.

#### Waste Management

Refer to local legal requirements.

## **Reagent Preparation**

The reagents are ready to use. The bottles are placed directly into the reagent rotor.

For determination with P-5-P, add 350  $\mu L$  of P-5-P to reagent 1 and mix gently.

Stability after mixing: 6 days 2-8 °C at

24 hours 15 - 25 °C at

## **Materials Required**

General laboratory equipment

## Specimen

Human serum or heparin plasma

Stability [5]:

20 - 25°C 3 days 7 days  $4 - 8^{\circ}C$ at -20°C 7 days at

Only freeze once. Discard contaminated specimens.

## Calibrators and Controls

DiaSys TruCal U calibrator is recommended for calibration. This method has been standardized against the original IFCC formulation. Use DiaSys TruLab N and P for internal quality control. Each laboratory should establish corrective action in case of deviations in control recovery.

|          | Cat. No.         |    | Kit si | ize  |
|----------|------------------|----|--------|------|
| TruCal U | 5 9100 99 10 063 | 20 | Х      | 3 mL |
|          | 5 9100 99 10 064 | 6  | Х      | 3 mL |
| TruLab N | 5 9000 99 10 062 | 20 | Х      | 5 mL |
|          | 5 9000 99 10 061 | 6  | Х      | 5 mL |
| TruLab P | 5 9050 99 10 062 | 20 | Х      | 5 mL |
|          | 5 9050 99 10 061 | 6  | Х      | 5 mL |

## **Performance Characteristics**

Exemplary data mentioned below may slightly differ in case of deviating measurement conditions.

## with P-5-P

| Measuring range up to 600 U/L. In case of higher activities re-measure samples after manual dilution with NaCl solution (9 g/L) or use rerun function. |        |  |
|--|--------|--|
| Limit of detection**   | 3 U/L  |  |
| Onboard stability 6 days   |        |  |
| Calibration stability  | 6 days |  |

| Interfering substance  | Interferences<br>≤ 10% up to |  |
|--|------------------------------|--|
| Ascorbic acid  | 30 mg/dL                     |  |
| Bilirubin (conjugated and unconjugated)                                    | 60 mg/dL                     |  |
| Hemoglobin   | 200 mg/dL                    |  |
| Lipemia (triglycerides)  | 2000 mg/dL                   |  |
| For further information on interfering substances refer to Young DS [6,7]. |                              |  |



| Precision          |          |          |          |  |
|--------------------|----------|----------|----------|--|
| Within run (n=20)  | Sample 1 | Sample 2 | Sample 3 |  |
| Mean [U/L]         | 31.6     | 85.3     | 107      |  |
| CV [%]             | 2.30     | 0.87     | 0.78     |  |
| Between day (n=20) | Sample 1 | Sample 2 | Sample 3 |  |
| Mean [U/L]         | 29.7     | 52.8     | 102      |  |
| CV [%]             | 3.66     | 3.85     | 0.91     |  |

| Method comparison (n=109)  |                                       |  |
|----------------------------|---------------------------------------|--|
| Test x                     | DiaSys ALAT (GPT) FS<br>(Hitachi 917) |  |
| Test y                     | DiaSys ALAT (GPT) FS (respons®920)    |  |
| Slope                      | 1.01                                  |  |
| Intercept                  | 0.136 U/L                             |  |
| Coefficient of correlation | 0.997                                 |  |

#### without P-5-P

| Measuring range up to 600 U/L. In case of higher activities re-measure samples after manual dilution with NaCl solution (9 g/L) or use rerun function. |       |  |
|--|-------|--|
| Limit of detection**   | 2 U/L |  |
| Onboard stability 4 weeks  |       |  |
| Calibration stability 4 weeks  |       |  |

| Interfering substance  | Interferences<br>≤ 10% up to |  |
|--|------------------------------|--|
| Ascorbic acid  | 30 mg/dL                     |  |
| Bilirubin (conjugated and unconjugated)                                    | 60 mg/dL                     |  |
| Hemoglobin   | 200 mg/dL                    |  |
| Lipemia (triglycerides)  | 2000 mg/dL                   |  |
| For further information on interfering substances refer to Young DS [6,7]. |                              |  |

| Precision          |          |          |          |  |
|--------------------|----------|----------|----------|--|
| Within run (n=20)  | Sample 1 | Sample 2 | Sample 3 |  |
| Mean [U/L]         | 34.0     | 73.0     | 108      |  |
| CV [%]             | 1.20     | 0.83     | 0.90     |  |
| Between day (n=20) | Sample 1 | Sample 2 | Sample 3 |  |
| Mean [U/L]         | 31.3     | 70.2     | 104      |  |
| CV [%]             | 4.26     | 3.29     | 1.09     |  |

| Method comparison (n=96)   |   |
|----------------------------|---|
| Test x                     | DiaSys ALAT (GPT) FS<br>(Hitachi 917)           |
| Test y                     | DiaSys ALAT (GPT) FS (respons <sup>®</sup> 920) |
| Slope                      | 0.995   |
| Intercept                  | 0.00 U/L  |
| Coefficient of correlation | 0.997   |

 $<sup>^{**}</sup>$  lowest measurable activity which can be distinguished from zero; mean + 3 SD (n = 20) of an analyte free specimen.

### **Conversion Factor**

ALAT [U/L]  $\times$  0.0167 = ALAT [ $\mu$ kat/L]

## Reference Range

| With P-5-P   |               |          |               |
|--------------|---------------|----------|---------------|
| Women [8]    |               | < 34 U/L | < 0.57 µkat/L |
| Men [8]      |               | < 45 U/L | < 0.75 µkat/L |
| Children [1] | 1 – 30 Day(s) | < 25 U/L | < 0.42 µkat/L |
|              | 2 – 12 Months | < 35 U/L | < 0.58 µkat/L |
|              | 1 – 3 Year(s) | < 30 U/L | < 0.50 µkat/L |
|              | 4 – 6 Years   | < 25 U/L | < 0.42 µkat/L |
|              | 7 – 9 Years   | < 25 U/L | < 0.42 µkat/L |
|              | 10 – 18 Years | < 30 U/L | < 0.50 µkat/L |

| Without P-5-P |          |               |
|---------------|----------|---------------|
| Women [9,10]  | < 31 U/L | < 0.52 µkat/L |
| Men [9,10]    | < 41 U/L | < 0.68 µkat/L |

Each laboratory should check if the reference ranges are transferable to its own patient population and determine own reference ranges if necessary.

#### Literature

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<sup>\*</sup> Fluid Stable



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## Application for serum and plasma

| Test Details                |                  | Test Volumes        |                | Reference Ranges   |          |  |
|-----------------------------|------------------|---------------------|----------------|--------------------|----------|--|
| Test                        | : ALT            |                     |                | Auto Rerun         |          |  |
| Report Name                 | : ALT(GPT)       |                     |                | Online Calibration |          |  |
| Unit                        | : U/L            | Decimal Places      | : 1            | Cuvette Wash       |          |  |
| Wavelength-Primary          | : 340            | Secondary           | : 405          | Total Reagents     | : 2      |  |
| Assay Type                  | : RATE - A       | Curve Type          | : Linear       | Reagent R1         | : ALT R1 |  |
| M1 Start                    | : 0              | M1 End              | : 0            | Reagent R2         | : ALT R2 |  |
| M2 Start                    | : 20             | M2 End              | : 31           |                    |          |  |
| Sample Replicates           | : 1              | Standard Replicates | : 3            | Consumables/Cali   | brators: |  |
| Control Replicates          | : 1              | Control Interval    | : 0            | Blank /Level 0     | 0        |  |
| Reaction Direction          | : Decreasing     | React. Abs. Limit   | : 0.51(0.30)** | Calibrator 1       | *        |  |
| Prozone Limit %             | : 0              | Prozone Check       | : Upper        |                    |          |  |
| Linearity Limit %           | : 0              | Delta Abs. / Min.   | : 0.0000       |                    |          |  |
| Technical Minimum           | : 3.0            | Technical Maximum   | : 600.0        |                    |          |  |
| Y = aX + b a=               | : 1.0000         | b=                  | : 0.0000       |                    |          |  |
| * Enter collibrator value / | \** \^!:4   [  [ | I I -               |                |                    |          |  |

| Test Details    |                | Test Volumes     |          | Reference Ranges         |
|-----------------|----------------|------------------|----------|--------------------------|
| Test            | : ALT          |                  |          |                          |
| Sample Type     | : Serum        |                  |          |                          |
|                 | Sample         | Sample Types     |          |                          |
| Normal          | : 12.00 μL     | Dilution Ratio   | : 1 X    | ☑ Serum<br>□ Urine       |
| Increase        | : 20.00 μL     | Dilution Ratio   | : 1 X    | □ CSF<br>☑ Plasma        |
| Decrease        | : 5.00 μL      | Dilution Ratio   | : 1 X    | ☐ Whole Blood<br>☐ Other |
| Standard Volume | : 12.00 μL     |                  |          |                          |
|                 | Reagent Volume |                  |          |                          |
| RGT-1 Volume    | : 160 µL       | R1 Stirrer Speed | : Medium |                          |
| RGT-2 Volume    | : 40 μL        | R2 Stirrer Speed | : High   |                          |
|                 |                |                  |          |                          |

| Test : ALT Sample Type : Serum  Reference Range : DEFAULT Category : Male    Normal   O.00   A5.00   Other  | Test | Details      | Test Volumes | Reference Ranges             |
|---|------|--------------|--------------|------------------------------|
| Category         : Male           Reference Range         Sample Types           Lower Limit         Upper Limit         □ Vrine         □ CSF         ☑ Plasma         □ Whole Blood         □ Whole Blood         □ Other   |      |              |              |                              |
| Lower Limit   Upper Limit   Urine   Urine   CSF   Plasma   Whole Blood   Other   Other   Urine   CSF   Plasma   Whole Blood   Other   Other   Ctrick   Ct | _    |              |              |                              |
| Lower Limit   Upper Limit   Urine   CSF   Plasma   Whole Blood   Other   Other   Other   Urine   CSF   Plasma   Whole Blood   Other   Other |      | Reference Ra | ange         |                              |
| Normal : 0.00 45.00 □ Other   |      |              |              | □ Urine<br>□ CSF<br>☑ Plasma |
|   |      |              |              |                              |
|   |      |              |              |                              |
|   |      |              |              |                              |

 $<sup>^{\</sup>ast}$  Enter calibrator value. ( )\*\* With pyridoxal-5-phosphate