

# Gamma-GT FS\*

Szasz mod./IFCC stand.

Diagnostic reagent for quantitative in vitro determination of gamma-glutamyltransferase (gamma-GT) in serum or plasma on photometric systems

## Order Information

Cat. No.	Kit size
1 2801 99 10 021	R1 5 x 20 mL + R2 1 x 25 mL
1 2801 99 10 026	R1 5 x 80 mL + R2 1 x 100 mL
1 2801 99 10 023	R1 1 x 800 mL + R2 1 x 200 mL
1 2801 99 10 704	R1 8 x 50 mL + R2 8 x 12.5 mL
1 2801 99 10 917	R1 8 x 60 mL + R2 8 x 15 mL
1 2801 99 10 930	R1 4 x 20 mL + R2 2 x 10 mL

## Summary

Gamma-glutamyltransferase (gamma-GT/GGT), also called gamma-glutamyltranspeptidase, is an enzyme present in liver and bile duct which is the most sensitive indicator of hepatobiliary diseases. Because of a high negative predictive value for these diseases the measurement of gamma-GT is widely used to rule out a hepatic or biliary origin. Together with other enzymes such as alanine aminotransferase (ALAT), aspartate aminotransferase (ASAT) and cholinesterase gamma-GT is a valuable tool for the differential diagnosis in liver diseases. [1]

## Method

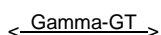
Kinetic photometric test according to Szasz/Persijn [2]. The test has also been standardized to the method according to IFCC (International Federation of Clinical Chemistry) [4]. Results according to IFCC are obtained using a special factor or, in case a calibrator (TruCal U) is used, by use of the calibrator value given for the IFCC method.

## Principle

Gamma-GT catalyzes the transfer of glutamic acid to acceptors like glycylglycine in this case.

This process releases 5-amino-2-nitrobenzoate which can be measured at 405 nm. The increase in absorbance at this wavelength is directly related to the activity of gamma-GT.

L-Gamma-glutamyl-3-carboxy-4-nitranilide + Glycylglycine



Gamma-glutamyl-glycylglycine + 5-Amino-2-nitrobenzoate

## Reagents

### Components and Concentrations

<b>R1:</b>	TRIS	pH 8.28	135 mmol/L
	Glycylglycine		135 mmol/L
<b>R2:</b>	L-Gamma-glutamyl-3-carboxy-4-nitroanilide	pH 6.00	22 mmol/L

### Storage Instructions and Reagent Stability

The reagents are stable up to the end of the indicated month of expiry, if stored at 2 – 8°C and contamination is avoided. Do not freeze the reagents! Reagent 2 must be protected from light.

## Warnings and Precautions

1. The reagents contain sodium azide (0.95 g/L) as preservative. Do not swallow! Avoid contact with skin and mucous membranes.
2. In very rare cases, samples of patients with gammopathy might give falsified results [8].
3. Please refer to the safety data sheets and take the necessary precautions for the use of laboratory reagents. For diagnostic purposes, the results should always be assessed with the patient's medical history, clinical examinations and other findings.
4. For professional use only!

## Waste Management

Please refer to local legal requirements.

## Reagent Preparation

### Substrate Start

The reagents are ready to use.

### Sample Start

Mix 4 parts of R1 + 1 part of R2

(e. g. 20 mL R1 + 5 mL R2) = mono reagent

Stability : 4 weeks at 2 – 8°C  
5 days at 15 – 25°C

The mono reagent must be protected from light.

## Materials required but not provided

NaCl solution 9 g/L

General laboratory equipment

## Specimen

Serum, heparin plasma

Stability [6]:

at least 1 week between -20 °C and +25°C

Only freeze once!

Discard contaminated specimens.

## Assay Procedure

*Application sheets for automated systems are available on request.*

Wavelength	405 nm (400 – 420 nm)
Optical path	1 cm
Temperature	37°C
Measurement	Against reagent blank

### Substrate start

Sample/Calibrator	Blank	Sample
Dist. Water	-	100 µL
Reagent 1	100 µL	-
Mix, incubate for approx. 1 min., then add:	1000 µL	1000 µL
Reagent 2	250 µL	250 µL
Mix, read absorbance after 1 min. and start stopwatch.		
Read absorbance again after 1, 2 and 3 min.		

### Sample start

Sample/Calibrator	Blank	Sample
Dist. Water	100 µL	100 µL
Mono reagent	1000 µL	1000 µL
Mix, read absorbance after 1 min. and start stopwatch.		
Read absorbance again after 1, 2 and 3 min.		

## Calculation

### With factor

From absorbance readings calculate  $\Delta A/\text{min}$  and multiply by the corresponding factor from table below:

### $\Delta A/\text{min} \times \text{factor} = \text{Gamma-GT activity [U/L]}$

	Szasz	IFCC
Substrate start 405 nm	1421	1606
Sample start 405 nm	1158	1309

### With calibrator

$$\gamma\text{-GT [U/L]} = \frac{\Delta A/\text{min Sample}}{\Delta A/\text{min Calibrator}} \times \text{Conc. Calibrator [U/L]}$$

### Conversion factor

$$\text{GGT [U/L]} \times 0.0167 = \text{GGT [\mu kat/L]}$$

## Calibrators and Controls

In case TruCal U is used as calibrator, use the according calibrator value for the Szasz method respectively for the IFCC method. For calculation according to IFCC, standardization was performed against the original IFCC formulation. For internal quality control, DiaSys TruLab N and P controls should be assayed. Each laboratory should establish corrective action in case of deviations in control recovery.

	Cat. N°	Kit size
TruCal U	5 9100 99 10 063	20 x 3 mL
	5 9100 99 10 064	6 x 3 mL
TruLab N	5 9000 99 10 062	20 x 5 mL
	5 9000 99 10 061	6 x 5 mL
TruLab P	5 9050 99 10 062	20 x 5 mL
	5 9050 99 10 061	6 x 5 mL

## Performance Characteristics

### Measuring range

On automated systems the test is suitable for the determination of gamma-GT activities up to 1200 U/L.

In case of a manual procedure, the test is suitable for gamma-GT activities which correspond to a maximum of  $\Delta A/\text{min}$  of 0.20.

If such values are exceeded the samples should be diluted 1 + 5 with NaCl solution (9 g/L) and the results multiplied by 6.

### Specificity/Interferences

No interference was observed by ascorbic acid up to 30 mg/dL, bilirubin up to 40 mg/dL, hemoglobin up to 400 mg/dL and lipemia up to 2000 mg/dL triglycerides. For further information on interfering substances refer to Young DS [7].

### Sensitivity/Limit of Detection

The lower limit of detection is 2 U/L.

### Precision

Intra-assay precision n = 20	Mean [U/L]	SD [U/L]	CV [%]
Sample 1	39.9	0.99	2.48
Sample 2	73.6	0.85	1.16
Sample 3	206	1.32	0.64

Inter-assay precision n = 20	Mean [U/L]	SD [U/L]	CV [%]
Sample 1	41.5	0.62	1.49
Sample 2	72.3	0.61	0.85
Sample 3	204	0.74	0.36

## Method Comparison

A comparison of DiaSys Gamma-GT FS (standardized to IFCC) (y) with the IFCC reference reagent (x) using 51 samples gave following results:

$$y = 1.005x - 0.741 \text{ U/L}; r = 0.999$$

A comparison of DiaSys Gamma-GT FS (according to Szasz) (y) with a commercially available test according to Szasz (x) using 51 samples gave following results:

$$y = 0.996x + 1.354 \text{ U/L}; r = 1.000$$

## Reference Range

### According to Szasz [5]

Women	< 32 U/L	< 0.53 $\mu\text{kat/L}$
Men	< 49 U/L	< 0.82 $\mu\text{kat/L}$

### According to IFCC

	Female	Male
Adults[4]	< 38 U/L	< 55 U/L
Children/adolescents [1]		
1 day – 6 months	15 – 132 U/L	12 – 122 U/L
6 months – 1 year	1 – 39 U/L	1 – 39 U/L
1 – 12 year(s)	4 – 22 U/L	3 – 22 U/L
13 – 18 years	4 – 24 U/L	2 – 42 U/L
	Female $\mu\text{kat/L}$	Male $\mu\text{kat/L}$
Adults[4]	< 0.63	< 0.92
Children/adolescents [1]		
1 day – 6 months	0.250 – 2.20	0.200 – 2.03
6 months – 1 year	0.017 – 0.651	0.017 – 0.651
1 – 12 year(s)	0.067 – 0.367	0.050 – 0.367
13 – 18 years	0.067 – 0.401	0.033 – 0.701

Each laboratory should check if the reference ranges are transferable to its own patient population and determine own reference ranges if necessary.

## Literature

1. Thomas L. Clinical Laboratory Diagnostics. 1<sup>st</sup> ed. Frankfurt: TH-Books Verlagsgesellschaft; 1998. p. 80-6.
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5. Fischbach F, Zawta B. Age-dependent reference limits of several enzymes in plasma at different measuring temperatures. Klin Lab 1992; 38: 555-61.
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7. Young DS. Effects of Drugs on Clinical Laboratory Tests. 15th ed. Volume 1 and 2. Washington, DC: The American Association for Clinical Chemistry Press 2000.
8. Bakker AJ, Mücke M. Gammopathy interference in clinical chemistry assays: mechanisms, detection and prevention. ClinChemLabMed 2007;45(9):1240-1243.

## Manufacturer



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